

## CHOOSING

### From Bridge to Forgiveness

There is a moment in time where  
you see a flash of light, or feel a slight wisp of wind  
or notice a momentary pause  
as if the world is holding its breath.

And then suddenly, at that moment, your life comes into focus.  
And it is that very moment in time  
that beckons you to take a turn in the road  
And step on a path that leads you  
to the truth of who you are.

And in the moment, in the light, in the whisper of wind, in the pause  
you have a choice that can change your life forever.  
You can choose to live.  
To really live  
or to simply get along.

Choose to live.